



## AAA News

Welcome To The All About Aquatics Newsletter

IN THIS ISSUE

# It's the end of Feb already!

We are rapidly passing the halfway mark of Term 1.

February has been a hectic month both in Brisbane and Quilpie.

We have increased our enrolments at all venues with lots of new faces becoming part of our AAA Tribe.

February has been a great month to be a swimmer we think, with one of the hottest Februaries recorded.

Forget other sports, pool deck is the place to be in summer!

We have lots of things planned for March and the year ahead so take 5 minutes and have a read about what we have been up to and what is coming up.

If there is anything you would like featured in our newsletter, drop us an email: [admin@allaboutaquatics.com.au](mailto:admin@allaboutaquatics.com.au)

## News from Quilpie



What an amazing month for the swimmers of Quilpie.

February 19<sup>th</sup> saw fifteen swimmers compete in districts at Charleville with pb's being set all over the place!

Some swimmers achieving 22 second pb's for their 100 metre swims and 2-5 seconds on their 50 metre swims.

Seven of our awesome swimmers are going through to the regionals.

The day after districts, Quilpie Swimming Club held their interclub meet with swimmers attending from Charleville, Cunnamulla and Augethella. Whilst tired from districts, our swimmers all swam their hearts out with another round of pb's.

Sunday mornings in Quilpie you will now see mini triathlons in place.

Triathlon is another great sport to use your hard-won swimming skills with the unofficial fourth leg being bacon and egg burgers for competitors after their events.

Quilpie has also increased bookings for learn to swim and we are seeing some great improvements across all levels.

Our next Dive in Movie night is Saturday 24<sup>th</sup> of Feb where we will be screening – My Pet Dinosaur.

Whilst Brisbane may be on afternoon storm watch, Quilpie brings afternoon storm watch to a completely new level.



We wish all our Quilpie swimmers competing at the Chaleville Regionals on the 23<sup>rd</sup> a great meet.

No need to wish you all luck, you have done the hard work, enjoy your events and we are right behind you cheering!

## Need Coffee to Function?

February saw the launch of our very own coffee cart at Everton Park.



The cart is set up each morning for a post swim coffee for our adult squaddies or an on the go cuppa for our swim parents.

Coffee is also available in the afternoons which helps make that wait in the grandstands just that bit more enjoyable.

If you are a frequent sipper, grab a loyalty card with your next coffee.



## Morning Learn to Swim Classes

During February we launched learn to swim and stroke development classes for before school lessons.

We also have private lesson spaces available.

Here are a few of our early morning swimming stars in action.



If you would like more information or bookings, give us a call and we will do our best to find a spot for you.

## Flippa ball has moved to Thursdays

Flippa ball with coach Nic has moved to Thursdays at 4pm.

Flippa ball is another way to build endurance and swimming whilst having fun.



It's not just for boys either! Look at the amazing Nina showing them all how it's done!

## Social Media Pages

If social media is your thing, follow us on Facebook and Instagram to see what we get up to and for regular promotions, competitions and give aways.



Find us on Facebook at:

All About Aquatics – Brisbane  
All About Aquatics – Quilpie



Find us on Instagram at:

@allaboutaquatics or,

@aaaquilpie

Tag us in your swim pics at either:

#allaboutaquaticsbrisbane or

#allaboutaquaticsquilpie

We love seeing what our AAA tribe get up to away from pool deck and would love to feature you.

## Coming Up in March

All About Aquatics are partnering with Little Big Swim for a swimming carnival on the 11<sup>th</sup> of March hosted by Bravery Box at our Everton Park Venue.

Bravery box do some brilliant work supporting children with cancer and we are very excited to offer this event to our AAA Tribe.



The day will start at 12pm with a \$5 per swimmer suggested donation.

There will be across the pool events so even the littlest of swimmers can have a go.

Also on offer are 25 & 50 metre events, coach and parent races, sausage sizzle, bake sale, dive clinic and underwater photography.

We are looking forward to spending a big day with you all and hope to see lots of our AAA tribe up on the blocks.

## Swimmer of the Week

From time to time through the term we will be awarding a Swimmer of the Week award.

To receive an award, you don't need to be the fastest or the best swimmer. You don't need to be a seasoned squaddie smashing pb's.

We love seeing you give your all to your lessons and may award it for a great attitude, good listening skills or just being organized and ready to learn each week.

Our first award went to Jai who has made wonderful progress with his swimming and is just an absolute pleasure to have in any lesson or session.



The lovely Hannah who always does everything asked of her and has the greatest attitude.



So, try your very hardest in your lessons and you might just be our next swimmer of the week!

## That's a Wrap

That's a wrap from everyone at All About Aquatics.

Our next issue will be in late March.

As always, if you have any suggestions for features, drop us an email:

[admin@allaboutaquatics.com.au](mailto:admin@allaboutaquatics.com.au)

Take care of yourselves, stay swim safe and we look forward to seeing you in person on pool deck very soon!

*The AAA Team*