



Welcome To The All About Aquatics Newsletter

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We Are Officially In Term 4

Term 4 has begun and the AAA team are looking forward to making this our best term yet.

July saw our Director Alina Graham make the biiiiig move to Quilpie. Such an exciting opportunity and challenge for Alina and AAA.

She has hit the ground running and our Quilpie venue is looking just beautiful.

We may be biased but we think Quilpie are very lucky to have our Alina. They will benefit enormously from having her passion, drive, aquatic experience and knowledge as part of the community.

Even though Alina is just under 1000kms away, she is still a massive presence in AAA Brisbane and firmly at the helm!

Over the cooler months we have been busy with a rebrand and roll out of our new Logo which we are all very excited about.

Lookout over the coming weeks for our new colours and logo to roll out at our venues, uniforms, website and even our swim caps!

The start of Term 4 also brings the start of School Swimming Programs.

Our staff are out and about delivering school swimming lessons AAA style achieving some fantastic results with school swimmers.

Flipper ball has hit our Everton Park Venue on Friday afternoons from 4pm with Nic who is an Australian Qualified Water Polo Flippa Ball Coach.

If you think swimming is a good work out, come and give Flippa Ball a go! You will use muscles that you didn't know you had.

It is a fantastic way to have fun and build your fitness which will help you take your swimming to the next level.

If you would like more information contact us on: 0413 201 534 or email: admin@allaboutaquatics.com.au

We look forward to seeing all of our AAA Tribe back in action at our venues.



Alina Hits Quilpie

Our Quilpie venue turning on a beautiful sunrise. What better way to start the day in the outback than with an early morning swim.



Holiday Intensive Fun

Term 3 Holiday intensives were a hit. So many gorgeous kids making big improvements with their swimming.

All About Aquatics – Everton Park, Geebung, Wooloowin, Quilpie
Email: admin@allaboutaquatics.com.au Ph: 0413 201 534



News from Quilpie

Well the boss has well and truly landed in Quilpie and has hit the ground running.

Quilpie re-opened on the 2 of September with a fantastic opening day barbie supporting Epilepsy.

Learn to swim, aqua, flipper ball, mum's and bubs aqua are all up and running.

MJ (Mary-Jane) has joined the AAA team at Quilpie along with Nicola and Kacey in the Kiosk and Lifeguarding.

If you would like to see what the Quilpie crew get up to day-to-day, follow [allaboutaquatics – quilpie](#) on Facebook or [aaaquilpie](#) on Instagram.

Holiday Intensive Wrap Up

Term 3 school holiday intensives saw a great group of swimmers at our Everton Park venue.

A big thank you to Lisa for running both weeks and doing such great work with all of the swimmers.



We were blessed with warm spring weather and really enjoyed our time in the pool with everyone. What a fantastic group of kids!!

Holiday intensives are a great way to build swimming fitness and technique. Shorter time between lessons encourages a high retention of skills.

Currently we are scheduling holiday intensives during the next school holidays.

We will keep you posted of dates, times and costs closer to the end of term and look forward to another great intensive block!

Flipper Ball Fridays have Hit Everton Park

AAA are lucky enough to have our very own Flipper Ball coach Nic who is an Australian qualified Water Polo Flipper Ball coach and competitive Water Polo player.



Flipper Ball is a great way to finish off the school week in the pool learning new skills, making new friends and increasing swim fitness without even realizing it because it is so much fun!

Sessions run every Friday afternoon from 4.00pm – 5.00pm at Everton Park State School.

Nic would love to pass on his extensive skills, knowledge and passion for all things Flipper Ball and Water Polo.



For more info and bookings, give the AAA team a call on: 0413 201 534 or email: admin@allaboutaquatics.com.au

We would love to see more of our AAA tribe give Flipper Ball a try!

AAA Have a Blog Site!



AAA now have a WordPress blog site.

If you get a few minutes, grab a cuppa and have a read.

You can find us at:

www.allaboutaquatics.wordpress.com

Check in regularly for articles on all things swimming.

Social Media Pages

If social media is your thing, follow us on Facebook and Instagram to see what we get up to and for regular promotions, competitions and give aways.



Find us on Facebook at:

All About Aquatics – Brisbane

All About Aquatics – Quilpie



Find us on Instagram at:

@allaboutaquatics or,

@aaaquilpie

Tag us in your swim pics at either:

#allaboutaquaticsbrisbane or

#allaboutaquaticsquilpie

We love seeing what our AAA tribe get up to away from pool deck and would love to feature you.

Club Swimming

We think that we are very lucky to have swimming clubs operating from our venues.

Swimming club gives swimmers the opportunity to test out hard earned swimming skills in a race setting.

Club swimming is a fun way to make friends and takes your swimming in a competitive direction.

We would love to see our AAA swimmers take the leap and give club swimming a try.

These are the clubs that AAA are proud to support:



www.evertonpark.swimming.org.au

Ph: 0478 145 215



www.wobbegongs.com.au

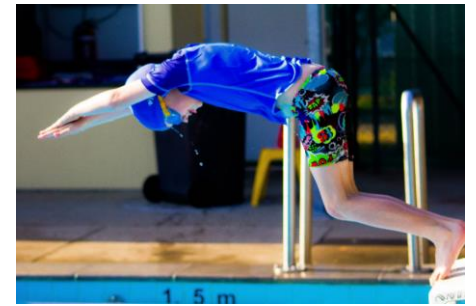


Ph: 07) 3623 8777

For more information, contact the swim club directly or have a chat to us at your venue.

AAA Swim Stars

A few pics of our AAA swimming stars in action at Everton Park.



That's a Wrap!

That's a wrap for our first issue.

Look out for our next issue early November.

If you have any suggestions for features, drop us an email at:

admin@allaboutaquatics.com.au

Stay swim safe and we look forward to seeing you in person on pool deck!

The AAA Team